



AUGUST 2024

Editor's Message

A quick apology for the lateness of this newsletter. The past week has been challenging for us all, and with the loss of power, it has been impossible to compile and send the newsletter out on time. The Bureau of Meteorology promises is reassuring us that the worst is over - let's hope so. Stay safe everyone and thank you for your understanding.

President's Meanderings

I always get a surprise when Sandy tells me it is nearly the end of another month and time to write my piece for the newsletter. Here we go:

Twice a week, after my Seniors' Fitness class at the Hobart PCYC, I ride my e-bike along the Hobart Rivulet Track to a café alongside the rivulet (actually to where we will have the Big Day of Circular Living Ideas in March next year). Last Friday on the way, I saw two tawny frogmouths snuggled together in a tree and of course numerous native hens as well as assorted humans. Today the rivulet is full and rushing, so good to see after last summer when it almost stopped running. There is

still a lot of restoration work happening, often with the collaboration of local schools and residents, and it is a delight to see the re-assimilation of nature into the urban environment. In my garden I'm getting the beds ready for spring plantings and I'm ridiculously proud of the new raised bed I made out of apple tree prunings. I plan for it to be the basil plot. These are all really supportive and restorative activities for me.



Zoom in to the centre for the birds



My garden handiwork

A very long time ago I was travelling in an old post office van in Central Australia. Reading my journal from that journey recently, I found this comment from one day - 'You can't have too many plastic bags!' Turns out you can! Plastics have become a huge problem as you know. I've just completed the survey that the Tasmanian Department of Natural Resources and Environment has launched to canvas our concerns about and support for phasing out of single use plastics. You can complete it here: <http://www.nre.tas.gov.au/plastics-consultation>.

Please remember to respond to the Annual General Meeting notice you will have received recently. There is a lot for us to report on. I'm very proud of SLT's work over the last year. And do buy your tickets to the Film Festival – I know it is a few weeks away but some of the venues are quite small and I don't want you to miss out.

Best wishes

Margaret

Margaret Steadman
President



Upcoming SLT Events

REEL CHANGE FILM FESTIVAL

14 - 18 October

various venues throughout Greater Hobart

AGM

23rd October, 2024, 6pm

Lord Mayor's Court Room

THE GATHERING 2024

16 November 2024

Windsor Community Centre, Riverside, Launceston

THE BIG DAY OF CIRCULAR LIVING IDEAS

with ABC's host of War on Waste CRAIG REUCASSEL

22 March 2025


C3 Convention Centre, Hobart

HARVESTING CONNECTIONS: A circular living event exploring gardening and community food production

Sunday Nov 9, 2025

Tasmanian Botanic Gardens


Details below and at www.slt.org.au



Annual General Meeting

**Lord Mayor's Court Rm
Hobart Town Hall
6pm Wednesday 23rd October**

Special guest
Professor Alana Mann
Food in a Changing Climate



rsvp at www.slt.org.au

**Do you have any old down pillows,
doonas or sleeping bags?**

Do you have any old Down or Feather Quilts, Pillows or Sleeping Bags that are looking a bit sad and worn out? Bring them into [The Quilt & Pillow Factory](#) in New Town and we can use the down/feathers and turn it into new quilts or pillows with new casings. By recycling these you are reducing the amount of old quilts and pillows that end up in landfill. We also take donations of down/feather. We currently have a special on our Recycling of quilts/pillows.



\$15 off Recasing of Quilts and \$10 off
Pillow Recasing available until
26-8-2024

Ph - 6228 1026

[https://www.facebook.com/
thequiltandpillowfactory](https://www.facebook.com/thequiltandpillowfactory)



**SUSTAINABLE
LIVING
TASMANIA**

REEL CHANGE FILM FESTIVAL

14-18 OCTOBER

Details & tickets from
www.slt.org.au

MON 14 OCTOBER
KICKSTART ARTS



TUES 15 OCTOBER
KINGBOROUGH COMMUNITY HUB



WED 16 OCTOBER
REPUBLIC BAR 299 ELIZABETH ST NORTH HOBART



THURS 17 OCTOBER
SUSTAINABILITY LEARNING CENTRE



FRI 18 OCTOBER
HOBART BREWING CO



JOIN THE AUDIENCE AND NIGHTLY Q&A SESSIONS

Adults \$20/night or FULL FESTIVAL TICKET \$80

Concession \$15/night or FULL FESTIVAL TICKET \$60

Children 5 years & under FREE

Proudly supported by






SLT's inaugural Reel Change Film Festival promises to be a unique event focusing on films that inspire, raise awareness and drive action for meaning sustainable change.

Be a part of these intimate film showings, and have the opportunity to participate in

discussions and Q&As with experts, film makers and passionate advocates.

Tickets from <https://slt.org.au/upcoming-events/>

Special thanks to City of Hobart, Kingborough Council, Hobart Brewing Co and Republic Bar & Cafe for their support.

Supporting SLT's Members' businesses

FEATURE BUSINESS FOR THE MONTH

ReFind Cygnet



This month is a pleasure to share with you a shining example of circular economy, ReFind Cygnet, owned by SLT Board Member, Helen Pryor and her partner Michael (pictured above).

ReFind opened its doors next to the former Lotus Eaters (now the Port Hole) café in Cygnet in November 2009. It was the creation of Helen Pryor and Michael Lynch who realised that Cygnet, where they were living at the time, needed an opshop. They began with books, clothes and knick-knacks, but soon limited the business to

books and clothes.

Over its 15 years of operation, it has provided a small circular living business model, whereby people can sell their books and clothes, which are then curated, becoming available for others to buy at a slightly higher price.

‘We have not only enabled the reuse of thousands of pieces of clothing and books with a low transport footprint, we have also mended and cleaned hundreds, if not thousands, of pieces of clothing giving them a new life.’ Helen remarked.

There have been two major trends that Helen and Michael have noted in their time of operation: the primary demographic for second-hand shopping has changed from older people (in their 50s-70s) to much younger people – teenagers and people in their 20s and 30s – a very encouraging sign.



The second trend is the flow-through of fast fashion clothing pieces, primarily bought on the internet. These items are generally made of polyester or other synthetic material, are poorly made, and are produced to satiate a group of people who want to be constantly 'on-trend'. They are designed to last only for a few wears – the fabric generally pills or degrades, buttons fall off, seams and hems unravel and they lose their shape. They are very difficult to repair and recycle.

'We hope that people quickly become aware of the wastefulness of fast fashion and

will start to be more savvy in their clothes purchasing choices,' Helen said. 'Ideally, we would like to see people consuming less and more thoughtfully, choosing sustainable, natural fabrics that will last for many years, can be mended and when no longer viable, are able to be composted.'

The fast fashion industry is the second largest carbon emitter to the fossil fuel industry, so next time you are thinking of updating your wardrobe, why not take a drive to Cygnet to first!



Let us promote your sustainable business?

SLT invites members to send through an image and a short bio to be included in the next newsletter.

Supporting our members is a priority, so we invite our members operating businesses incorporating sustainable living practices to share with us some information that enables us to publicise your business amongst our members.

Email your image and bio outlining what you do, the sustainable principles you have adopted and how these principles have given your business a point of difference within your industry to sandra@slt.org.au



www.slt.org.au

SLT is excited to announce the introduction of a new membership option inviting like-minded organisations to join SLT in collectively work together to encourage a more sustainable way of living.

Organisation Membership benefits include:

- Coordinated response to issues and increased lobbying capacity – a bigger ‘voice’
- Information sharing and event promotion
- Support for groups and individuals, mediated through website portal and in person
- Shared applications for funding
- Collaboration and cooperation based on goodwill and trust.

Head to www.slt.org.au for more details and sign up today

Did you know that Glasgow has gone circular?



Circular Glasgow is leading a business movement happening right now across the entire Scottish city.

An initiative of Glasgow Chamber of Commerce, working alongside key partners Zero Waste Scotland and Glasgow City Council, Circular Glasgow offers businesses, no matter the size, a powerful proposition to help lead the way through innovation, design thinking and new circular business models. By adopting circular economy strategies across the product or service industry, businesses and industries can create a competitive advantage for their target market and tomorrow's consumers. Companies and organisations are already experiencing the multiple benefits of circular strategies and will reap the rewards for years to come.

This comes at a crucial time for the city in the lead up to hosting the United Nations Climate Change Conference COP26 and working towards Glasgow's target to be carbon neutral by 2030. As the city adjusts to the profound social and economic changes emerging from Covid-19, they are learning new lessons in equipping themselves for an unanticipated world. Never has it been more important to navigate the strategic impact and resilience of businesses. Competition, new markets and changing legislation are just some of the reasons why future planning is essential.

Read more about this ambitious project [here](#), and make sure you come to SLT's [Big Day of Circular Living Ideas](#), to hear more from one of the CSIRO's leading researchers who is working hard to encourage Tasmania to follow Glasgow's lead.

2024 Sustainable Living Tasmania's Gathering will be held at the Windsor Community Centre, Windsor Drive,



Launceston on Saturday November 18, 2024. Last year's Gathering was in the South with the support of Brighton Council and this year Tamar NRM is partnering with us, helping to take this important event state wide.

The Gathering seeks to understand what other community-minded organisations and groups are doing to improve the sustainability of our state, fostering collaboration and mutual support that sees us all working together to create a more sustainable future for Tasmania. We want to help build a strong network of community groups who can help one another and create a loud voice for action.

If you would like your organisation to be invited, please email sandra@slt.org.au for more information.

The incredible reinvention of Ireland's 'awful' tourist town

12 August 2024
Gemma Tipton, BBC



By the 1980s, Killarney had a name for all that was awful in mini-break getaways. But the Irish town has leaned into some brilliant green ideas – and the results are

remarkable.

Click [here](#) to read more.

Need help with your soft plastics, batteries, unwearable clothes, blister packs, polystyrene and 100+ other items?

The graphic features a teal background on the left and a light yellow background on the right. At the top left is the Recycle Smart logo, which consists of a white circular icon with a diamond shape inside, followed by the text "Recycle Smart" in white. Below the logo, the main headline "Recycle soft plastics, and much more from your doorstep" is written in large, bold, white sans-serif font. Underneath the headline, a sub-headline in smaller white text reads "Book a Power Pickup to get your tricky-to-recycle items collected from your doorstep". At the bottom of the graphic, five hands are shown holding various items: a blister pack, a crumpled piece of pink plastic, a battery, a smartphone, and a pair of blue jeans.

Need help with your soft plastics, batteries, unwearable clothes, blister packs, polystyrene and 100+ other items?

[Recycle Smart](#) are here to help! Recyclesmart make recycling easier for you, with friendly local drivers collecting tricky-to-recycle items from your doorstep or business so you don't have to drive all over town trying to get your stuff recycled. We are partnered with 10+ certified recyclers.

Book a Hobart Power Pickup at my.recyclesmart.com/register to get your items recycled.

REMANUFACTURE REUSE
REUSE REDESIGN REMAKE
RECYCLE REDESIGN RETHINK
REDESIGN RECYCLE
REMAKE REUSE
REPURPOSE RECYCLE

**SUSTAINABLE
LIVING
TASMANIA**

THE BIG DAY OF CIRCULAR LIVING IDEAS

with special guest
CRAIG REUCASSEL
Host of ABC's War on Waste

HOBART
Saturday 22 March, 2025
C3 Conference Centre

[Exhibitor Expressions of Interest](#) and [Event Partnership Opportunities](#)

NOW OPEN

Head to www.slt.org.au for details

Follow our [Facebook](#) and [Website](#) pages for updates.

Plant pots made from recycled ocean plastic



This UK business is owned by a friend of SLT Board Member, Lindi Wall, so we thought it was worth a mention, especially with our Circular Living themed festival coming up on March 2025!

EcoTribe's Sea Change Ocean Plastic Plant Pots and products are created from recycled ghost nets and made sustainably in their solar-powered workshop using waste found on British beaches.

Check their [website](#) for more details.



**SUSTAINABLE
LIVING
TASMANIA**

HARVESTING CONNECTIONS

**A CIRCULAR LIVING EVENT EXPLORING
GARDENING &
COMMUNITY FOOD PRODUCTION**

TASMANIAN BOTANIC GARDENS



**Sunday
Nov 9 2025
8.30am - 3.30pm**

www.slt.org.au

We are getting early to tell you about this event planned for November next year - but we want you to keep it in the back of your mind because ensuring everyone in our community has access to healthy food is a major priority for a strong resilient community.

This event will be filled with presentations, demonstrations and information to help our community prosper. We are also very excited to be hosting in our beautiful Tasmanian Botanic Gardens!



**MAKE A
DONATION**

**SUSTAINABLE
LIVING
TASMANIA**

**Help SLT create
a sustainable future**
All donations are
tax deductible

www.slt.org.au/donate/

To make a tax deductible donation click [here](#)

**Sustainable Living Events happening
around Tasmania**

SUNDAY, SEPTEMBER 29 **10AM-3PM**

SPRING EDITION
SMALL TOWN MARKET

Celebrating the change of seasons,
with a focus on community, culture and nature.



OKINES COMMUNITY HOUSE **Dodges Ferry**

artisans \ live music \ food vans
local produce \ kids activities
workshops \ and much more

Small Town Market

Sunday, September 29 · 10am - 3pm

Okines Community House, Dodges Ferry

Click [here](#) for all the details.

THE NATURE CONNECTION
wellness through
environmental
stewardship



PANEL DISCUSSION

With special guests James Shaw,
Tanya Scharaschkin, Pauline Marsh,
Alice Hardinge, Margaret Steadman
and host Jessica Bush

The Nature Connection - Wellness Through Environmental Stewardship

Okines Community House,

Sunday, September 29 . 12 - 1.30pm

Join us for a fun and informative
discussion on the relationship between
environmental and human health



Australian Electric
Vehicle Association 
NATIONAL CONFERENCE
Hobart Function & Conference Centre
1 November 2024 | aeva.asn.au/conference

AEVA NATIONAL CONFERENCE 2024

Friday November 1, 2024

**Hobart Function and Conference
Centre, 1 Elizabeth Street Pier,
Hobart TAS**

For more details and to register click [here](#).

Living Lightly Expo

Saturday, 2 November 2024 . 10am to 1pm.



Devonport Community Garden on

The Living Lightly Expo will once again encourage and educate the public on how to live sustainably, eat locally and eat healthily. The family-friendly expo showcases affordable and locally sourced opportunities that may help people to lead a more sustainable lifestyle.

Click [here](#) for more details.

Grassroots Festival 2025

The Tasmanian Sustainable Farming Festival Hosted by Gunningham Family Farms in North West Tasmania.

Wed, 12 Feb 2025 08:00 - Thu, 13 Feb 2025

789 Montumana Road Montumana, TAS 7321



Grassroots Festival is an immersive, boots on the ground, hands in the soil, two day event. The main event will be hosted on the 13th of February in Montumana, at Gunningham Family Farms, with an additional learning day on the 12th of February. Grassroots Festival 2025 will be covering a range of topics including, soil health, alternative and diverse pasture species, livestock health, farm forestry, financial health, farmers stories, carbon and renewable energy.

For more details and bookings click [here](#).

www.slt.org.au

Follow us on [Facebook](#)



Sustainable Living Tasmania
This email was sent to sandra@slt.org.au · [Unsubscribe](#)